



NEW 1 DAY PER WEEK SATURDAY HOCKEY LESSON SUMMER DEVELOPMENT PROGRAM (ages 7 to Adult- boys and girls)

Due to an explosion of athletes starting hockey in Chicago, HEPD has added a 1x per week version of the nationally acknowledged sold out “2 day flex plan” that will focus on the key “SUMO” system skating components to enable better execution of the 4 other major skills. Stick and puck work is included.

This program has all the necessary equipment available (to borrow) to encourage all interested players to “give it a try”

This lesson is lead by our excellent development program manager Nicole Witt and her superb high level training staff. Determined athletes will see very quick progress in an extremely fun atmosphere. It will be the perfect way to start your hockey career.

Join any time!

Day and Time- Saturday 11:00 to 12:20

Dates: JULY 10 thru AUGUST 14

Price: Res \$40 Non Res \$45

Program # 232469-D

Please Contact Randy Jordan (ph 847 285 5501) or rjordan@heparks.org for more details

